

Register For The Retreat and \$50 of your fee will go to
Foundation For Fortitude

The SHEnergized
SisStarhood
Wellness Retreat
Spirit | Mind | Body

JAN

3rd-5th
2025

"Free Your Mind!"

This High Energy, Inspirational & Fun Women's Empowerment Experience Will Feature:

motivational messages, engaging workshops, interactive activities, panel discussions, social networking, personal development sessions, sunrise devotions, a vision board experience & more!

All Designed To Help Each Woman:

Value Herself | Connect With Others | Find Balance & Purpose And To...

Relax, Reflect, Release & Renew

Retreat Officially Starts on Friday, January 3rd at 7PM

You Can Also Join Us For The Pre-Retreat Activities:

Thursday, January 2nd: Special PD for Women Leaders & Business Owners
Spa Day & Girls Night Out!

Friday, January 3rd : Bonus Morning Professional / Personal Development Session
Spa Experience & Sighseeing

Lodging Per Person Registration Rates Include:

Friday & Saturday Night Lodging (Deluxe Coastline View, Custom Badge, Retreat T-Shirt & Bag, Program Book, Retreat Sessions & Activities, Friday Dinner, Saturday Breakfast & Lunch, Sunday Breakfast & JAX Airport Transportation (Extra Night Available for \$250)

\$453 | 4 - Women Per Room \$590 | 2 - Women Per Room

\$500 | 3 - Women Per Room \$876 | 1 - Woman Per Room

\$450 | 1- Woman, 1 Night Only (Friday or Saturday Night)

Special Non-Lodging Rates:

\$250 | Retreat Sessions & Activities, Friday Dinner & Saturday Lunch Custom Badge, Retreat T-Shirt & Bag, Program Book,
\$150 | Friday or Saturday Only. Includes Retreat Activities and Friday Dinner or Saturday Lunch



Register at SHEnergizedSisStarhoodRetreat.com. Be sure to select referred by Foundation For Fortitude.

REGISTER