

One Ocean Resort & Spa | Jax Beach, Florida

JAN

**2nd-4nd
2025**

The **SH**Energized
SisStarhood
Wellness Retreat
Spirit | Mind | Body

"Free Your Mind!"

This High Energy, Inspirational & Fun Women's Empowerment Experience Will Feature:

motivational messages, engaging workshops, interactive activities, panel discussions, social networking, personal development sessions, a vision board experience & more!

All Designed To Help Each Woman:

Value Herself | Connect With Others | Find Balance & Purpose And To...

Relax, Reflect, Release & Renew

You Can Also Join Us For The Pre-Retreat Activites:

Thursday, January 2nd: Spa Day & Girls Night Out!

Friday, January 3rd from 9AM to 1PM: Professional / Personal Development Session

Register or Pay Deposit By February 29th to Lock-In Early Bird Rates

Pay in Full By February 29th and Receive a \$50 Discount Off of Early Bird Prices

Per Person Early Registration Rates Include:

Friday & Saturday Night Lodging, Custom Badge, Retreat T-Shirt & Bag,
Program Book, Retreat Sessions & Activities, Valet Parking, Friday Dinner,
Saturday Breakfast & Lunch, Sunday Breakfast & JAX Airport Transportation

Deluxe Coastline View

\$500 | 3-Women Per Room

\$594 | 2-Women Per Room

\$876 | 1 - Woman Per Room

Oceanfront Balcony

\$600 | 3-Women Per Room

\$690 | 2-Women Per Room

\$965 | 1 - Woman Per Room

\$50

**Pay Deposit To
Lock-In Your Spot**

**Pay By
February 29th**

All Early Bird Rates Above Are PER PERSON Go Up By \$25 on March 1, 2024!

For More Info Visit www.SHEnergizedSisStarhoodRetreat.com or Contact Roxy Hall at 904-207-1278.

REGISTER NOW