

One Ocean Resort & Spa | Jax Beach, Florida

The SHEnergized SisStarhood Wellness Retreat

Spirit | Mind | Body

Living Life, Out Loud!

JAN

**5th-7th
2024**

This High Energy, Inspirational & Fun Women's Empowerment Experience Will Feature:

motivational messages, engaging workshops, interactive activities, panel discussions, social networking, personal development sessions, a vision board experience & more!

All Designed To Help Each Woman:

Value Herself | Connect With Others | Find Balance & Purpose And To...

Relax, Reflect, Release & Renew

You Can Also Join Us For The Pre-Retreat Activities:

Thursday, January 4th: Spa Day & Girls Night Out!

Friday, January 5th from 9AM to 1PM: Professional / Personal Development Session

Space Is Limited! Register Now!

Per Person Registration Rates Include:

Friday & Saturday Night Lodging, Custom Badge, Retreat T-Shirt & Bag,
Program Book, Retreat Sessions & Activities, Valet Parking, Friday Dinner,
Saturday Breakfast & Lunch, Sunday Breakfast & JAX Airport Transportation

Deluxe Coastline View

\$500 | 3-Women Per Room

\$590 | 2-Women Per Room

\$865 | 1 - Woman Per Room

Oceanfront Balcony

\$600 | 3-Women Per Room

\$690 | 2-Women Per Room

\$965 | 1 - Woman Per Room

All Rates Above Are PER PERSON

\$75

**Pay Deposit To
Lock-In Your Spot
Pay By
March 31, 2023**

For More Info Visit www.SHEnergizedSisStarhoodRetreat.com or Contact Roxy Hall at 904-207-1278

REGISTER NOW