

Join us for a fun, high-energy, inspirational & self-reflective retreat experience!

The **SH**Energized
Sis Starhood
Wellness Retreat
Spirit | Mind | Body

JAN

**13-15
2023**

One Ocean Resort & Spa | Jax Beach, Florida

THIS WOMEN'S EMPOWERMENT EXPERIENCE

Will Help Each Woman:

- ✓ **Value Herself**
- ✓ **Connect With Others**
- ✓ **Find Balance And Purpose**
- ✓ *Relax, Reflect, Release & Renew*

Registration Packages Include:

2-Night's Lodging, Custom Name Badge, Retreat T-Shirt & Bag, Program Book, All Retreat Sessions & Activities, Valet Parking, Friday Night Dinner, Saturday Lunch, Saturday & Sunday Breakfast & Transportation to & from The Jacksonville Airport.

* Local registration package does not include lodging or parking.

**Retreat
Registration
Starting At**

\$275

LEARN MORE AND REGISTER AT SHENERGIZEDSISSTARHOODRETREAT.COM

REGISTER