

One Ocean Resort & Spa | Jax Beach, Florida

The SHEnergized  
SisStarhood  
Wellness Retreat  
Spirit | Mind | Body

**JAN**

**3rd-5th  
2025**

*"Free Your Mind!"*

This High Energy, Inspirational & Fun Women's Empowerment Experience Will Feature:

*motivational messages, engaging workshops, interactive activities, panel discussions, social networking, personal development sessions, a vision board experience & more!*

*All Designed To Help Each Woman:*

**Value Herself | Connect With Others | Find Balance & Purpose And To...**

*Relax, Reflect, Release & Renew*

**You Can Also Join Us For The Pre-Retreat Activities:**

Thursday, January 2nd: Spa Day & Girls Night Out!

Friday, January 3rd from 9AM to 1PM: Professional / Personal Development Session

**Register or \$100 Pay Deposit By May 5th to Lock-In Early Bird Rates.**

**Receive an \$25 discount if you pay in full by May 5th.**

**Per Person Early Registration Rates Include:**

Friday & Saturday Night Lodging, Custom Badge, Retreat T-Shirt & Bag, Program Book, Retreat Sessions & Activities, Valet Parking, Friday Dinner, Saturday Breakfast & Lunch, Sunday Breakfast & JAX Airport Transportation

**Deluxe Coastline View**

\$500 | 3-Women Per Room

\$590 | 2-Women Per Room

\$876 | 1 - Woman Per Room

**Oceanfront Balcony**

\$600 | 3-Women Per Room

\$690 | 2-Women Per Room

\$965 | 1 - Woman Per Room



For More Info Visit [www.SHEnergizedSisStarhoodRetreat.com](http://www.SHEnergizedSisStarhoodRetreat.com) or Contact Roxy Hall at 904-207-1278.

**REGISTER NOW**